

**Statewide Consumer Network Grants and National TA Centers**

# Resource Kit

**Trainings, workshops and other peer-developed resources**

DRAFT REV 8/13/24 - DEV BY JUAN VELEZ COURT



U.S. DEPARTMENT OF HEALTH AND HUMAN SERVICES  
Substance Abuse and Mental Health Services Administration  
Center for Mental Health Services [www.samhsa.gov](http://www.samhsa.gov)



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## **DISCLAIMER**

This Statewide Consumer Network Grant and National TA Center Resources Kit was developed for the Substance Abuse and Mental Health Services Administration (SAMHSA) and U.S. Department of Health and Human Services (HHS). Interviews, policies, and opinions expressed are those of the authors and do not necessarily reflect those of SAMHSA or HHS.

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## INTRODUCTION

In an effort to empower and enhance the capabilities of peer-run organizations across the United States, this resource kit has been developed to function as a comprehensive guide for accessing a wide array of recovery-oriented resources. The kit features a diverse collection of trainings, workshops, webinars, and other valuable key deliverables developed by statewide consumer network grantees and national Technical Assistance (TA) centers. These organizations are funded by the Substance Abuse and Mental Health Services Administration (SAMHSA) and the Center for Mental Health Services (CMHS) under the U.S. Department of Health and Human Services (HHS), under the Statewide Consumer Network Grants.

The creation of this document is the result of a collaborative effort between participating organizations and consultants. The contributing organizations actively engaged in information-sharing and discussions, culminating in a 2024 virtual convening where they exchanged resources with the goal of establishing future collaborative opportunities. During this convening, representatives further elaborated on the origin and purpose of these resources, emphasizing the critical role that peer-developed materials have in enhancing mental health and substance use support services nationwide.

Resources are listed per organization, with accessible one-page briefs containing the following:

1. Organization's mission
2. Date of when the organization was founded
3. Year of their first SAMHSA grant fund award
4. The amount of staff the organization currently has under contract
5. Contact information
6. Highlights of four to six available resources per organization with direct access links

# California Association of Mental Health Peer-Run Organizations (CAMHPRO)



## Mission

To transform communities and the mental health system throughout California to empower, support, and ensure the rights of consumers, eliminate stigma, and advance self-determination for all those affected by mental health issues by championing the work of consumers and consumer-run organizations.

## Building Leadership Peer Program

### [View presentation](#)

- Developed to promote diversity, equity, and inclusion with a goal of enhancing the leadership landscape in the peer workforce
- To support Peer Support Specialists in the Behavioral Health systems of care through certification, training, connection and collaboration
- Creating forums for organizations to help one another

## Contact information

Executive Director: Lynn Rivas  
[Lynn@Camhpro.org](mailto:Lynn@Camhpro.org)  
(510) 672-3604

Founded in: 2004

Year of first SAMHSA grant: 2015

Staff: Three under contract

## Memberships

CAMHPRO has core, associate and individual memberships that can expand the support they provide, including:

- Access to reports, videos and historical documents
- Early registration for exclusive events
- Recognition in supporting CAMHPRO's work

## Additional resources

(Click on each item for direct access)

- [Legislative tracking](#)
- [Public policy committee](#)
- [Past programs](#)
- [Organizational history](#)

56925 Yucca Trail - #251

Yucca Valley, CA 92284

[www.CAMHPRO.org](http://www.CAMHPRO.org)

[@camhpro](#)

Information in this page was obtained from <https://camhpro.org>



# Colorado Mental Wellness Network (CMWN)



## Mission

Through education and advocacy, the Colorado Mental Wellness Network seeks to provide opportunities for individuals to improve the quality of their lives, give back to the community through meaningful roles, and to change the perceptions of behavioral health.

## Recovery Education Programs

### [View list of available educational programs](#)

“Living in recovery with a behavioral health condition doesn’t mean that the condition disappears, nor does it mean the same thing as treatment.

We provide evidence-based recovery education to people who want to improve their wellness. We also train people to enter the Peer Support Professional workforce or to become advocates so that they can continue spreading the message of recovery to others.”

## Contact information

Executive Director: Hope Hyatt  
[Hope@cmwn.org](mailto:Hope@cmwn.org)  
303-885-9318

Founded in: 2011

Year of first SAMHSA grant: 2016

Staff: Seven under contract

## Peer Support Training

### [Learn more about their training](#)

“We are the leading peer-operated mental health organization in Colorado that offers this training.

Topics of training include trauma-informed support, self-care, ethics, communication skills, and resilience. Graduates are also qualified to sit for the IC&RC Certification Exam through the [Colorado Providers Association \(COPA\)](#).”

## Additional resources

(Click on each item for direct access)

- [Colorado Mental Wellness Blog](#)
- [History of the peer movement](#)
- [Mental health equality at work](#)
- [Advocacy training](#)

Colorado Mental Wellness Network  
2390 S. Downing St. Suite C  
Denver, Co 80210  
[www.cmwn.org](http://www.cmwn.org)

Information in this page was obtained from <https://cmwn.org/>





# Doors to Wellbeing From the Copeland Center for Wellness and Recovery



## Mission

Doors to Wellbeing (D2W), a Program of the Copeland Center for Wellness and Recovery, is dedicated to peer-led initiatives and training supporting the peer support workforce. Focus areas include peer support workforce development, psychiatric advance directives, supported education and employment and youth peer leadership.

## Whole Health and Wellbeing Training

### [Learn more about the training](#)

Taking Action for Whole Health and Wellbeing is a program that centers us on self-care and self-compassion and provides a structure for increasing our wellness even during the most difficult times.

The training supports individuals in creating a personalized system for recovering, sustaining, and/or improving their whole health outcomes and enhancing their lifestyle.

## Contact information

Program Manager: Ryan Tempesco  
[rtempesco@copelandcenter.com](mailto:rtempesco@copelandcenter.com)  
(802) 254-5335

Founded in: 2004

Year of first SAMHSA grant: 2015

Staff: 14 under contract

## Peer Specialist Webinar Series

### [Access to monthly webinars](#)

This monthly webinar series (and recordings) explores topics in-depth with peer specialist leaders and subject matter experts and offers an ongoing source of continuing education credits for peer specialists. Topics include:

- Navigating Authentic Advocacy
- Peer Support as an Indigenous Practice
- Ethics in Peer Support

## Additional resources

(Click on each item for direct access)

- [Peer Specialist Training](#)
- [Copeland Center resources](#)
- [Youth Leadership Training](#)
- [Psychiatric Advance Directives](#)

PO Box 6471

Brattleboro, VT · 05302

<https://copelandcenter.com/doors-wellbeing>

Information in this page was obtained from <https://copelandcenter.com/doors-wellbeing>

# Georgia Mental Health Consumer Network



## Mission

It is a peer-led and peer-ran non-profit that focuses on workforce development for Certified Peer Specialists, Advocacy and uplifting those with Mental Health Challenges.

They promote mental health recovery and wellness through advocacy, education, employment, and peer support while advancing the priorities elected annually by Georgia's mental health recovery community.

## Georgia Peer Support Institute

### [Learn more about the institute](#)

The GPSI is an immersion in peer support designed to:

- Teach the principles of recovery from behavioral health challenges
- Teach characteristics of peer-directed, peer-run, and recovery-oriented behavioral health services; and
- Teach skills to take an active role in one's own recovery, and the creation of a meaningful life.

## Contact information

CEO: James Todd  
[jtodd@gmhcn.org](mailto:jtodd@gmhcn.org)  
[404-687-9487](tel:404-687-9487)

**Founded in: 1991**

**Year of first SAMHSA grant: 1995**

**Staff: 99 under contract**

## Trauma-Informed Care

### [Learn more about their trainings](#)

Through Certified Peer Specialists, Trauma-Informed Care basic training sessions, informational presentations to community groups and interested organizations, at conferences, and through continuing education opportunities, this project is positively impacting Georgia's Recovery Oriented System of Care.

## Additional resources

(Click on each item for direct access)

- [Peer Support Wellness Respite](#)
- [CPS Application Process](#)
- [Ready for Reentry Training](#)
- [Georgia Crisis & Access Line](#)

1990 Lakeside Parkway, Suite 100  
Tucker, Georgia 30084

[www.gmhcn.org](http://www.gmhcn.org)

[Information in this page was obtained from https://www.gmhcn.org](https://www.gmhcn.org)



# NAMI Missouri



## Mission

To improve the quality of life and recovery for people living with mental illness and their families. We accomplish this through peer support, education, and advocacy.

**Founded in: 1986**

**Year of first SAMHSA grant: 2008**

**Staff: Four under contract**

## Newsletter

[Learn more about their newsletter](#)

Quarterly newsletter that provides peer-focused and empowered updates, resources, and stories to support and inform the mental health community

## Affiliate Education Funding Program

[Learn more about the program](#)

The NAMI Missouri Affiliate Education Funding Program (AEFP) was developed in 2021 to assist local NAMI affiliates across our state with support and resources to carry out peer-led mental health education and training initiatives in their home communities.

## Additional resources

(See [www.nami.org/affiliate/missouri/](http://www.nami.org/affiliate/missouri/))

## Contact information

Director of Programs: Amye Trefethen  
[amy@namimissouri.org](mailto:amy@namimissouri.org)  
[573-634-7727](tel:573-634-7727)

3405 W Truman Blvd Ste 102  
Jefferson City, MO 65109-5861

[www.nami.org/affiliate/missouri](http://www.nami.org/affiliate/missouri)

[Information in this page was obtained from namimissouri.org](#)



# National Empowerment Center



## Mission

The National Empowerment Center (NEC) is a consumer/survivor/expatient-run organization that provides training and technical assistance to peer-run organizations and advocacy for peer-led mental health services.

To carry a message of recovery, empowerment, hope and healing to people with lived experience with mental health issues, trauma, and/or extreme states.

## Emotional CPR (eCPR)

### [Learn more about eCPR](#)

An educational program designed to teach people to assist others through an emotional crisis. Unlike conventional approaches, this method prioritizes establishing a heart-to-heart connection over diagnosis. By treating individuals as resourceful, the approach empowers them to navigate their path forward, fostering revitalization.

## Contact information

CEO: Oryx Cohen  
[oryxcohen@gmail.com](mailto:oryxcohen@gmail.com)  
[978-685-1494](tel:978-685-1494)

**Founded in: 1992**

**Year of first SAMHSA grant: 1992**

**Staff: Six under contract**

## Neurodiversity Gifts

### [Learn more about this workshop](#)

It is designed to give people living with mental health conditions a fresh, colorful perspective of their potential, and an expanded view of reality at large. By combining insights from Western perspectives (science, psychology, and philosophy) with insights from Non-Western perspectives (traditional cultures, spirituality, and mysteries), the goal is to reframe your identity away from self-stigma, towards post-traumatic growth, and the potential gifts of your neurodiverse mind.

## Additional resources

Information available upon request

- Occupational Resiliency in Peer Support
- Peer Support Integration in the Workplace

599 Canal St, Lawrence, MA 01840

[www.power2u.org](http://www.power2u.org)

[Information in this page was obtained from https://power2u.org/](https://power2u.org/)





# Ohio Peer Recovery Organizations



## Mission

To strengthen and expand the impact of peer recovery organizations throughout Ohio. Ohio Peer Recovery Organizations serves as the unifying force for Ohio peer-recovery organizations and programs to speak with one voice in all aspects of the mental health and substance use disorder systems. OhioPRO's six values—impact, expansion, lived experience, unified voice, hope, and connection—guide us in making a difference in peer support.

## Mobile Application

### [Learn more via their annual report](#)

In 2022, OhioPRO's Peer Advisory Group developed an idea for a mobile application dedicated to Ohio's certified peer supporters. This online community will be a safe space for peers to share ideas, resources, events, and encouragement with others. The application launched in late 2023 for all certified peers in the state of Ohio.

## Contact information

Project Director: Megan Conkle  
[mconkle@ohio-pro.com](mailto:mconkle@ohio-pro.com)  
[330-603-5465](tel:330-603-5465)

Founded in: 2021

Year of first SAMHSA grant: N/A

Staff: Three under contract

## Lunch & learn virtual trainings

### [View updates and newsletters](#)

Every month, OhioPRO provides virtual training for Ohio's peer supporters that can be used towards their recertification. These trainings cover various topics led by expert presenters from around Ohio. Some of the topics covered in the last year were suicide prevention, trauma-informed care, professional development for peers, physical wellness, and more.

## Additional resources

(Click on each item for direct access)

- [2024 Peer Recovery Summit](#)
- [2022-2023 Annual Report](#)
- [List of Ohio Peer Run Organizations](#)
- [Statewide Partners](#)

1581 N High St, Columbus, OH 43201  
[www.ohio-pro.com](http://www.ohio-pro.com)

[Information in this page was obtained from www.ohio-pro.com](http://www.ohio-pro.com)

CONNECTION

EXPANSION

HOPE

# On Our Own of Maryland, Inc. (OOOMD)



## Mission

On Our Own of Maryland, Inc. (OOOMD) is a statewide peer-operated behavioral health advocacy and education organization which promotes equality, justice, autonomy, and choice about life decisions for individuals with mental health and substance use needs.

## Intentional Peer Support Roundtable

### Learn about their leadership development

Intentional Peer Support (IPS) Co-Reflection Roundtables are opportunities for individuals who have completed Intentional Peer Support Training (IPS) training to continue growing in the practice of IPS, both professionally and personally. These virtual, 90-minute small group discussions will be facilitated by a rotation of OOOMD's own certified IPS Trainers, with a focus on the four tasks of IPS: Connection, Worldview, Mutuality and Moving Towards.

## Contact information

Executive Director: Katie Rouse  
[katier@onourownmd.org](mailto:katier@onourownmd.org)  
[410-540-9020](tel:410-540-9020)

**Founded in:** 1992

**Year of first SAMHSA grant:** N/A

**Staff:** 10 contracted

## Stigma and Behavioral Health

### Register for upcoming webinars

What is stigma? How does it play out? And what can we do about it? This 30-minute webinar will explore these questions.

Now more than ever, support is needed for mental health and substance use issues. People are more anxious, traumatized, and stressed than ever, exacerbated by recent upheavals in our communities, and changes to our way of life. And stigma is the biggest barrier to recovery from behavioral health challenges.

## Additional resources

(Click on each item for direct access)

- Training opportunities
- [Finding support in Maryland](#)

Mailbox 14, 7310 Esquire Ct, Elkridge  
MD 21075

[www.onourownmd.org/s/](http://www.onourownmd.org/s/)

[Information in this page was obtained from www.onourownmd.org/s/](http://www.onourownmd.org/s/)

# Peer Experience National TA Center

## PEER EXPERIENCE

National Technical Assistance Center

### Mission

To build communities that promote and support well-being through Leadership, Education, Advocacy, and Networking. Our focus areas include supporting alternate routes to financial and occupational wellness such as entrepreneurship, supporting employers' awareness of workplace well-being, promoting the exploration and implementation of successful models for integrating peers into the treatment delivery settings

### Recovery-Oriented Community Kit

[View the community toolkit \(PDF\)](#)

A Recovery-Oriented Community aims to inspire public interest in whole health and open dialogues about how communities play an integral role in the recovery of its residents. Recovery is not simply about personal health but the health and well-being of the entire community

### Contact information

Executive Director: Cheryl Molyneaux  
[cheryl@peersupportfl.org](mailto:cheryl@peersupportfl.org)  
[407-340-6332](tel:407-340-6332)

**Founded in:** 2015

**Year of first SAMHSA grant:** 2019

**Staff:** Six under contract

### Peer Advisory Council Toolkit

[View the P.A.C. toolkit \(PDF format\)](#)

An effective PAC will strategize with the host organization on how to increase sustainable recovery for individuals served, thereby increasing the levels of recovery capital within the organization and the community. PAC activities also promote person-centered services and allow the organization to build more productive relationships with individual served, their families, supporters, and recovery communities.

### Additional resources

(Click on each item for direct access)

- [Training catalogue](#)
- [Resource library](#)
- [Flourishing workplace toolkit](#)
- [Annual reports](#)

<https://members.peersupportfl.org/>

[Information in this page was obtained from peersupportfl.org/](#)



# Pennsylvania Mental Health Consumers' Association (PMHCA)



## Mission

We advocate on issues directly related to mental health services in Pennsylvania while educating the public with the goal of eliminating stigma and discrimination surrounding mental illness. PMHCA is a statewide member organization dedicated to the support of all people who seek aid for recovery from a mental illness at any stage in their journey.

## Community Support Program

### [Learn more about the program](#)

It is an alliance of mental health consumers, family members, and professionals working together to aid adults with severe mental illnesses and co-occurring disorders to live successfully in the community. Community Support Program meetings offer a forum setting in Pennsylvania for consumers, family members, and professionals to speak their beliefs and values and promote system changes.

## Contact information

Executive Director: Kathy Quick  
[kathy@pmhca.org](mailto:kathy@pmhca.org)  
[717-221-1022](tel:717-221-1022)

Founded in: 1986

Year of first SAMHSA grant: N/A

Staff: 14 under contract

## Rainbow Peer Project

### [Learn more about the project](#)

We believe that affirming providers and a holistic approach to LGBTQ+ care can significantly reduce trauma and suicide rates. That's why we're dedicated to ensuring that individuals in our community have access to peer support services that meet their unique needs. Our goal is to provide inclusive, educated, and meaningful support across Pennsylvania, regardless of geographical or service area inequities.

## Additional resources

(Click on each item for direct access)

- [Recovery hub](#)
- [Peer Specialist Training](#)
- [Co-responder grant](#)
- [Scholarships](#)

2551 Walnut St, Harrisburg, PA  
[www.pmhca.org](http://www.pmhca.org)

[Information in this page was obtained from www.pmhca.org](http://www.pmhca.org)

# ADVOCACY



# Promise Resource Network



## Mission

Through the wisdom of lived recovery experience, PRN ignites social change, inspires hope, and serves as a catalyst for personal greatness. PRN is an independent peer-run organization that is both a mh peer org (COSP) and an sud peer org (RCO) that operates at the intersection of peer support, peer-run alternatives, system change and social justice.

## Lunch and learns

### [Learn more about lunch and learns](#)

A virtual library that includes topics on psychiatric advance directives, 3P's of Wellness Planning, Navigating Housing, The Shoulders Upon Which We Stand, Its Peer Support- NOT Peer Pressure, and topics include:

- Psychiatric Advance Directives
- Budget for Peer-Run Proposals
- Navigating Housing

## Contact information

CEO: Cherene Caraco  
[ccaraco@promiseresourcenetwork.org](mailto:ccaraco@promiseresourcenetwork.org)  
[\(704\) 776-6708](tel:(704)776-6708)

Founded in: 2005

Year of first SAMHSA grant: 2019

Staff: 85+ under contract

## Webinar series

### [Watch recent webinars](#)

The Promise Resource Network, Peer Voice Network and Cafe TA hosted a webinar series that includes topics such as: peer warm lines, hearing voices, alternatives2suicide, peer run wellness centers, integrated care, peer support in policy, recovery cafe, unhoused and criminalized, human rights, soteria houses, and system change

## Additional resources

(Click on each item for direct access)

- [PVNC Newsletters](#)
- [Peer-run Respite](#)
- [Criminal Justice Involvement](#)
- [The PRN Approach](#)

1401 East 7th Street  
Charlotte, NC 28204

[www.promiseresourcenetwork.org](http://www.promiseresourcenetwork.org)

[Information in this page was obtained from promiseresourcenetwork.org](http://www.promiseresourcenetwork.org)

# RECLAIM YOU.

# Prosumers International



## Mission

To create an environment where people are challenged and supported to find their power, as only Prosumers can! We meet together to figure out how to live life in spite of any challenges we may face. We hold monthly empowerment meetings to gain skills to live a full life. People can find recovery on accident. We believe people need to find recovery on purpose.

## Prosumer Empowerment Radio

### [Listen to Prosumer emPOWERment Radio](#)

Prosumer emPOWERment Radio. the PPR is an online radio station available 24/7 featuring songs which have a positive "I" statement within the song. You will hear every genre and the common theme is the "I" statements. We have found when you listen, or more importantly, sing the songs, you begin to train your brain to listen to that which empowers you in your life. Interestingly, you will find yourself singing to the songs all the time.

## Contact information

Executive Director: Anna Gray  
[annag@prosumersinternational.org](mailto:annag@prosumersinternational.org)  
[210-535-5418](tel:210-535-5418)

Founded in: 2002

Year of first SAMHSA grant: 2021

Staff: Four under contract

## Peer Workforce Trainings

### [Learn more about available trainings](#)

Training is available for peer support specialists. Also Focus for Life, which is a resilience and self-determination oriented workshop is for anyone who wants to learn about recovery and deepen their recovery journey. Topics include:

- Ethics Course
- Peer Supervision
- Professional Identity

## Additional resources

(Click on each item for direct access)

- [Available trainings](#)
- [Newsletter](#)
- [Events calendar](#)
- [Advocacy Courses](#)

[www.theprosumers.org](http://www.theprosumers.org)

[Information in this page was obtained from www.theprosumers.org.](http://www.theprosumers.org)

# The CAFE TA Center



## Mission

The Family Café exists to provide individuals with disabilities and their families with an opportunity for collaboration, advocacy, friendship and empowerment by serving as a facilitator of communication, a space for dialogue and a source of information. We believe that better outcomes among Americans with serious mental illness will result from putting consumers with real world experience at the center of the mental health system of care

## Supports for Families Workshops

### [Learn more about the workshop series](#)

This interactive workshop series has been designed to help family members and caregivers of people with serious mental health conditions support their family member by promoting recovery and taking a strengths-based approach to encouraging resiliency and self-direction.

## Contact information

Project Director: Jeremy Countryman  
[jcountryman@familycafe.net](mailto:jcountryman@familycafe.net)  
[850-224-4670](tel:850-224-4670)

Founded in: 1998

Year of first SAMHSA grant: 2010

Staff: Five under contract

## Inclusion and Engagement

### [Learn more about the model](#)

The Consumer Pathways to Inclusion and Engagement Model (CPIEM) guide was book created by peers, for peers, to help them develop the skills they need to turn their lived mental health experience into meaningful change in the mental health system of care.

## Additional resources

(Click on each item for direct access)

- [Embracing Your Own Path](#)
- [Strengthening Families](#)
- [Available trainings](#)
- [Articles](#)
- [Mailing list sign-up](#)

820 East Park Avenue

Suite F-100

Tallahassee, FL 32301

[www.cafetacenter.net](http://www.cafetacenter.net)

[Information in this page was obtained from www.cafetacenter.net](http://www.cafetacenter.net)

# Youth M.O.V.E. National



## Mission

Youth MOVE National connects, supports, and develops youth leadership in advocacy to create positive change. We practice authentic youth engagement through youth driven decision making by elevating youth voices of lived experience. We ensure that young people are heard and valued as leaders in the agencies, communities, and systems that impact their lives.

## Recruiting Youth Peers Guide

### [Access to the recruitment guide](#)

In this implementation guide, we cover considerations and strategies for recruiting and retaining youth peer support specialists, inclusive of practices around hiring, orientation, and supervision to ensure that agencies are equipped with best practices to continuously support youth peer support specialists in their role.

## Contact information

Executive Director: Arc Telos Saint Amour  
[telos@youthmovenational.org](mailto:telos@youthmovenational.org)  
[1-800-580-6199](tel:1-800-580-6199)

Founded in: 2007

Year of first SAMHSA grant: 2019

Staff: 12 under contract

## Supporting Youth in Transition

### [Access to the support guide](#)

From November 2019 to March 2020, FREDLA and Portland State University conducted a national survey of families with a youth or young adult between the ages of 16 – 25 years with behavioral health needs. 221 families responded to the survey.

## Additional resources

(Click on each item for direct access)

- [Youth Best Practice Committee](#)
- [Available resources](#)
- [Own Your Story Resource](#)
- [Youth Program Startup Guide](#)
- [Affirming Facilitation Practices](#)
- [Newsletters](#)

[www.youthmovepeercenter.org](http://www.youthmovepeercenter.org)

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**Motivating  
Others through  
Voices of  
Experience**