



Mutual Aid Mapping Worksheet

Purpose: Identify the people, spaces, and relationships that make up your current and potential peer ecosystem.

Step 1: Define Your Community

Who are the people or groups you serve or collaborate with?

Step 2: Map Your Ecosystem

Instructions: Use the table below to brainstorm your network. List individuals, organizations, or informal groups you connect with — or would like to connect with — that strengthen your mutual aid ecosystem.

Connection / Partner	Type (Peer, Org, Ally, Funders, etc.)	What Support or Resource Do They Offer?	What Support Can You Offer Them?	Next Step to Deepen Connection

Step 3: Identify Gaps & Opportunities

- Who is *missing* from your ecosystem?

- What kinds of knowledge, resources, or voices are underrepresented?

Step 4: Shared Principles of Mutual Aid

Check (✓) the principles that are most important to your community work:

- | | | | |
|---------------------------------------|---------------------------------|--|---|
| ☐ Reciprocity | ☐ Trust | ☐ Accessibility | ☐ Transparency |
| ☐ Shared Power | ☐ Equity | ☐ Flexibility | ☐ Community Care |

Write a short reflection:

How do these principles show up—or need to show up more—in your work?



Peer Ecosystem Action Plan Template

Purpose: Turn today's insights into one clear plan for action and collaboration.

Step 1: My Role in the Ecosystem

How do I see myself contributing to my peer or mutual aid community?

Step 2: My Immediate Goal (Next 30 Days)

Describe one concrete action you will take to strengthen your community connections or build a mutual aid practice.

Example: Host a small community circle to share resources and identify shared needs.

Step 3: Resources & Support Needed

What support, knowledge, or partnerships will help you reach this goal?

Step 4: Allies & Collaborators

List 2–3 individuals or organizations who could collaborate or co-create with you.

Step 5: Accountability & Reflection

How will you track your progress or reflect on what you learn?

Affirmation to Close:

“I am part of an ecosystem rooted in care, connection, and reciprocity. My actions nurture the collective.”